		FORM NO. MGT – 7			
		Section 92 of the Compa Nanagement and Admini		2013 and sub-rule (1) of rule 11 of Rules, 2014	
		ANNUAL RETURN			
Ι.	REGISTRATION AND OTHER DETAI	LS:			
i)	Corporate Identification Number (CIN) of the Company		U8511	OKA2021PTC143831	
	Global Location Number (GLN) of	the Company			
	Permanent Account Number (PAN	N) of the Company	AAUCA	A7399F	
ii)	(a) Name of the Company		AASTA LIMITE	RURMIKA HEALTH CARE PRIVATE D	
	(b) Registered Office Address		#147/I	, GROUND FLOOR, 10TH CROSS, 12	
			TH MA	ALORE-560034	
	(c) e-mail ID of the Company		info@a	aastrika.com	
	(d) Telephone Number with STD Code (e) Website		9845514654		
			www.aastrika.com		
iii)	Date of incorporation		05/02/		
(iv)	Type of Company				
	Type of Company Category of the Compa			any Sub-Category of the Company	
	Private Company	Company limited by shares		Indian Non-Government Company	
v)	Whether Company is having share	e capital	• Yes	s O <sub>No</sub>	
vi)	Whether shares listed on recogniz	ed stock exchange(s)	O Yes	s 🕒 No	
vii)	Financial Year From date 01/04/	2022 (DD/MM/YYYY)	To date	31/03/2023	
(viii)	Whether Annual General Meeting	 ; (AGM) held C	) Yes (	O No	
	(a) If Yes, date of AGM				
	(b) Due date of AGM				
	(c) Whether any extension for A	GM Granted O	Yes	O No	
	(d) If yes, the Service Request Nu	umber (SRN) of the applic	ation form	n filed of extension	
	(e) Extended due date of AGM at	fter grant of extension			

#### II. PRINCIPAL BUSINESS ACTIVITIES OF THE COMPANY

Number of business activities: 1

SI No.	Main Activity group code	Description of Main Activity group	Business activity code	Description of business Activity	% of turnover of the Company
1.	Q	Hospital and Medical Care	Q1	Hospital activities	100

## III. PARTICULARS OF HOLDING, SUBSIDIARY AND ASSOCIATE COMPANIES (INCLUDING JOINT VENTURES)

No. of Companies for which information is to be given: 0

S.	NO	NAME OF THE COMPANY	CIN/FCLN	HOLDING/ SUBSIDIARY / ASSOCIATE / JOINT VENTURE	% of shares held
		-			

## IV. SHARE CAPITAL, DEBENTURES AND OTHER SECURITIES OF THE COMPANY

#### i) Share Capital

#### (a) Equity share capital

Particulars	Authorized Share Capital	Issued Capital	Subscribed Capital	Paid up Capital
Total number of Equity shares	70,000	70,000	70,000	70,000
Total amount of equity shares	7,00,00,000	7,00,00,000	7,00,00,000	7,00,00,000
(in Rupees)				

#### Number of classes: 1

Class of Shares: Equity Shares	Authorized Share Capital	Issued Capital	Subscribed Capital	Paid up Capital
Number of Equity shares	70,000	70,000	70,000	70,000
Nominal Value per share (in	1,000	1,000	1,000	1,000
rupees)				
Total Amount of equity shares	7,00,00,000	7,00,00,000	7,00,00,000	7,00,00,000
(in rupees)				

#### (b) Preference Share capital

Particulars	Authorized Share Capital	Issued Capital	Subscribed Capital	Paid up Capital	
Total number of Preference shares	0	0	0	0	
Total amount of preference shares (in Rupees)	0	0	0	0	

## Number of classes: 0

Class of Shares:	Authorized Share Capital	Issued Capital	Subscribed Capital	Paid up Capital	
Number of preference shares					
Nominal Value per share (in rupees)	0	0	0	0	
Total Amount of preference shares (in rupees)	0	0	0	0	

#### (c) Unclassified share capital

Particulars	Authorised capital
Total Amount of unclassified shares	0

## (d) Break - up of paid-up share capital:

Class of Shares	No. of shares		Total nominal	Total Paid-up	Total	
	Physical	Demat	Total	amount	amount	Premium
Equity Shares: -						
At the beginning of the year	70,000	0	70,000	7,00,00,000	7,00,00,000	0
Increase during the year	0	0	0	0	0	0
i. Public Issue	0	0	0	0	0	0
ii. Rights issue	0	0	0	0	0	0
iii. Bonus issue	0	0	0	0	0	0
iv. Private Placement / Preferential Allotment	0	0	0	0	0	0
v. ESOPs	0	0	0	0	0	0
vi. Sweat Equity shares allotted	0	0	0	0	0	0
vii. Conversion of Preference shares	0	0	0	0	0	0
viii. Conversion of Debentures	0	0	0	0	0	0
ix. GDR / ADR	0	0	0	0	0	0
x. Others, please specify:	0	0	0	0	0	0
2. Decrease during the year	0	0	0	0	0	0
i. Buy-back of shares	0	0	0	0	0	0
ii. Shares forfeited	0	0	0	0	0	0
iii. Reduction of share capital	0	0	0	0	0	0
v. Others, please specify:	0	0	0	0	0	0
At the end of the year	70,000	0	70,000	7,00,00,000	7,00,00,000	0
Preference shares						
At the beginning of the year	0	0	0	0	0	0
Increase during the year	0	0	0	0	0	0
i. Issue of shares	0	0	0	0	0	0
ii. Re-issue of forfeited	0	0	0	0	0	0
shares						-
iii. Other, specify:	0	0	0	0	0	0
Decrease during the year						
i. Redemption of shares	0	0	0	0	0	0
ii. Shares forfeited	0	0	0	0	0	0
iii. Reduction of share capital	0	0	0	0	0	0
iv. Others, specify:	0	0	0	0	0	0
At the end of the year	0	0	0	0	0	0

ISIN of the equity shares of the company

(ii) Details of stock split / consolidation during the year (for each class of shares)

Class of shares		(i)	(ii)	(iii)
Before split /	Number of shares			
consolidation	Face value per share			

After split /	Number of shares		
consolidation	Face value per share		

# iii) Details of shares / debentures transfers since closure date of last financial year (or in the case of the first return at any time since the incorporation of the Company)

NII	

(Details being provided in a CD/ Digital media) (Y/N/NA)

#### Separate sheet attached for details of transfers: (Y/N)

Note: In case list of transfer exceeds 10, option for submission as a separate sheet attachment or submission in a CD/Digital Media may be shown.

Date of the previous a	Date of the previous annual general meeting:					
Date of registration of	transfer (Date Month Year	):				
Type of transfer:						
(1-Equity, 2- Preferenc	e shares, 3 – Debentures, 4	4 – Stock)				
Number of shares/ de	bentures/units transferred	:				
Amount per share/deb	Amount per share/debenture/ unit (in Rs.):					
Ledger Folio of transfe	ror:					
Transferor name						
	Surname	Middle name	First name			
Ledger folio of transfe	ree:		]			
Transferee's name						
	Surname	Middle name	First name			
Date of registration of	transfer (Date Month Year	):				
Type of transfer:						
(1-Equity, 2- Preferenc	e shares, 3 – Debentures, 4	4 – Stock)				
Number of shares/ debentures/units transferred:						
Amount per share/debenture/ unit (in Rs.):						

Ledger Folio of trans	feror:		
Transferor name			
	Surname	Middle name	First name
Ledger folio of trans	feree:		
Transferee's name			
	Surname	Middle name	First name

## iv) Debentures (Outstanding as at the end of financial year)

Particulars	Number of units	Nominal value per unit	Total value
Non-convertible	0	0	0
debentures			
Partly convertible	0	0	0
debentures			
Fully convertible	0	0	0
debentures			
Total	0	0	0

#### **Details of debentures**

Class of debentures	Outstanding as at the beginning of the year	Increase during the year	Decrease during the year	Outstanding as at the end of the year
Non-Convertible Debentures	0	0	0	0
Partly Convertible Debentures	0	0	0	0
Fully Convertible Debentures	0	0	0	0

## v) Securities (other than shares and debentures): 0

Type of securities	Number of securities	Nominal value of each unit	Total Nominal Value	Paid up value of each unit	Total paid up Value
Total					

V. Turnover and net worth of the company (as defined in the Companies Act, 2013)

(i) Turnover

(ii) Net worth of the Company

Rs. 1,58,71,613/-Rs. (3,41,42,610)

## VI. (a) SHARE HOLDING PATTERN (Promoter)

## i) Category-wise Share Holding

SI		Equ	uity	Preference	
No.	Category	Number of	Percentage	Number of	Percentage
NO.		shares		shares	
1.	Individual/ Hindu Undivided Family	69,867	99.81	0	0
	i) Indian	69,867	99.81	0	0
	ii) Non – resident Indian (NRI)	0	0	0	0
	iii) Foreign national (other than NRI)	0	0	0	0
2.	Government				
	i) Central government	0	0	0	0
	ii) State Government	0	0	0	0
	iii) Government Companies	0	0	0	0
3	Insurance Companies	0	0	0	0
4	Banks	0	0	0	0
5	Financial Institutions	0	0	0	0
6	Foreign Institutional Investors	0	0	0	0
7	Mutual Funds	0	0	0	0
8	Venture Capital	0	0	0	0
9	Body Corporate (not mentioned	0	0	0	0
	above)				
10	Others	0	0	0	0
	Total	69,867	99.81	0	0

## Total Number of shareholders (promoters): 1

## (b) SHARE HOLDING PATTERN – Public/ Other than promoters

SI		Equ	lity	Preference		
No.	Category	Number of shares	Percentage	Number of shares	Percentage	
1.	Individual/ Hindu Undivided Family	133	0.19	0	0	
	i) Indian	133	0.19	0	0	
	ii) Non – resident Indian (NRI)	0	0	0	0	
	iii) Foreign national (other than NRI)	0	0	0	0	
2.	Government					
	i) Central government	0	0	0	0	
	ii) State Government	0	0	0	0	
	iii) Government Companies	0	0	0	0	
3	Insurance Companies	0	0	0	0	
4	Banks	0	0	0	0	
5	Financial Institutions	0	0	0	0	
6	Foreign Institutional Investors	0	0	0	0	
7	Mutual Funds	0	0	0	0	
8	Venture Capital	0	0	0	0	
9	Body Corporate (not mentioned above)	0	0	0	0	
10	Others	0	0	0	0	
	Total	133	0.19	0	0	

Total number of shareholders (Other than promoters): 1

Total number of shareholders (Promoters + Public/Other than promoters): 2

## VII. NUMBER OF PROMOTERS, MEMBERS, DEBENTURE HOLDERS (Details, Promoters, Members (Other than promoters), Debenture Holders)

Details	At the beginning of the year	At the end of the year
Promoters	1	1
Members (Other than Promoters)	1	1
Debenture Holders	0	0

## VIII. DETAILS OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

#### (A) Composition of Board of Directors

	Category	Number of Directors at the beginning of the year		Number of Directors at the end of the year		Percentage of shares held by Directors as at the end of the year	
		Executive	Non- Executive	Executive	Non- Executive	Executive	Non- Executive
Α.	Promoter	0	1	0	1	0	99.81
В.	Non – Promoter	0	3	0	4	0	0.19
(i)	Non-Independent	0	4	0	5	0	0.19
(ii)	Independent	0	0	0	0	0	0
C.	Nominee						
	Directors	0	0	0	0	0	0
	Representing						
(i)	Banks & Fl's	0	0	0	0	0	0
(ii)	Investing institutions	0	0	0	0	0	0
(iii)	Government	0	0	0	0	0	0
(iv)	Small Shareholders	0	0	0	0	0	0
(v)	Others	0	0	0	0	0	0
	Total	0	4	0	5	0	100.00

Number of Directors and Key Managerial personnel (who is not a director) as on financial year end date: 5

(B) (i) Details of Directors and Key managerial personnel as on the closure of financial year

Name	DIN/PAN	Designation	Number of shares held	Date of cessation (after closure of financial year: if any)
Dr. JANHAVI NILEKANI	00281663	Chairperson and Director	69,867	-
Mr. VISVESWARA GUPTA KOTHAMACHU	09141063	Director	0	-
Ms. ANUSHREE JAGADISH KINI	09343856	Director	133	-
Mr. SRINIVAS SESHADRI	01661828	Director	0	-
Ms. NIRMALA	09800660	Additional Director	0	-

## (iii) Particulars of change in Directors and Key Managerial personnel during the year: 5

Name	DIN/PAN	Designation at the beginning / during the financial year	Date of appointment / Change in designation/ Cessation	Nature of change (Appointment/Change in Designation / Cessation)
Mr. SRINIVAS SESHADRI	01661828	Additional Director	26/09/2022	Appointment
Mr. SRINIVAS SESHADRI	01661828	Director	26/09/2022	Change in designation
Mr. VIVESWARA GUPTA KOTHAMACHU	09141063	Director	26/09/2022	Change in designation
Ms. ANUSHREE JAGADISH KINI	09343856	Director	26/09/2022	Change in designation
Ms. NIRMALA	09800660	Additional Director	01/12/2022	Appointment

## IX. MEETINGS OF MEMBERS/CLASS OF MEMBERS/BOARD/COMMITTEES OF THE BOARD OF DIRECTORS

## A. MEMBERS/CLASS / REQUISITIONED / NCLT/COURT CONVENED MEETING: 1

Number of meetings held: 1

	Date of	Total Number	Attendance	
Type of meeting	meeting	of Members entitled to attend meeting	Number	% of total shareholding
Annual General Meeting	26/09/2022	2	2	100

#### B. BOARD MEETINGS:

Number of Meetings held: 5

		Total No. of Directors on the	Attendance			
S. No.	Date of meeting	Date of Meeting	No. of Directors attended	% of Attendance		
1.	14/06/2022	03	03	100		
2.	26/09/2022	03	03	100		
3.	07/10/2022	04	03	75		
4.	01/02/2023	05	04	80		
5.	13/03/2023	05	05	100		

#### C. COMMITTEE MEETINGS

Number of Committee meetings held: 0

S. No.	Type of Meeting	Date of meeting	Total No. of Members as on the Date of Meeting	as on the No. of Members % of		
				attended	Attendance	

#### D. ATTENDANCE OF DIRECTORS

	Name of the Director	Board of Meetings			Committee I Committee which a I			
SI. No.		No of Meeting which the director was entitled to attend	Number of meetings attended	% of attenda nce	No of Meeting which the director was entitled to attend	Number of meetings attended	% of attendance	Whether attended AGM held on (Y/N)
1.	Dr. JANHAVI NILEKANI	5	5	100	0	0	0	
2.	Mr. SRINIVAS SESHADRI	3	3	100	0	0	0	
3.	Mr. VISVESWARA GUPTA KOTHAMACHU	5	5	100	0	0	0	
4.	Ms. ANUSHREE JAGADISH KINI	5	3	60	0	0	0	
5.	Ms. NIRMALA	2	2	100	0	0	0	

## X. REMUNERATION OF DIRECTORS AND KEY MANAGERIAL PERSONNEL- X NI

Number of Managing Director, Whole-Time Director and/or Manager whose remuneration details to be entered:

S. No.	Name	Designation	Gross Salary	Stock Option/ Sweat Equity	Total Amount
1.					
	Total				

### Number of CEO, CFO, and Company Secretary whose remuneration details to be entered: 0

S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat Equity	Others	Total Amount
	Total						

## Number of other Directors whose remuneration details to be entered: 0

S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat Equity	Others	Total Amount
	Total						

## XI. MATTERS RELATED TO CERTIFICATION OF COMPLIANCES AND DISCLOSURE

- A. Whether the company has made compliances and disclosures in respect of applicable provisions of the Companies Act, 2013 during the year(Y/N): Y
- **B.** If No, Give reasons / observations

## XII. PENALTIES AND PUNISHMENT DETAILS THEREOF: X NIL

(A) DETAILS OF PENALTIES / PUNISHMENT IMPOSED ON COMPANY / DIRECTORS / OFFICERS:

Name of the Company/Directors/ Officers	Name of the court or concerned	Date of order	Name of the Act and section under which penalized / punished	Details of penalty / punishment	Details of appeal (if any) including present status

(B) DETAILS OF COMPOUNDING OF OFFENCES: X NIL

Name of the Company/Directors/ Officers	Name of the cour or concerned	Date of order	Name of the Act and section unde which penalized , punished	Details of penalty punishment	Details of appeal (if any) including presen status

XIII. Whether complete list of shareholders, debenture holders has been enclosed as an attachment: Yes O No

#### XIV. COMPLIANCE OF SUB-SECTION (2) OF SECTION 92, IN CASE OF LISTED COMPANIES

In case of a listed company or a company having paid-up share capital of Ten Crore Rupees or more or turnover of Fifty Crore rupees or more, details of Company Secretary in whole time practice certifying the annual return in Form MGT-8:

Name:

Whether Fellow or Associate:

 $\bigcirc$  Associate  $\bigcirc$  Fellow

Certificate of practice number:

#### We certify that:

- (a) The return states the facts, as they stood on the date of the closure of the financial year aforesaid correctly and adequately.
- (b) Unless otherwise expressly stated to the contrary elsewhere in this Return, the Company has complied with all the provisions of the Act during the financial year.

#### Declaration

I am authorized by the Board of Directors of the Company vide resolution No.

dated

(DD/MM/YYYY) to sign this form and declare that all the requirements of the Companies Act, 2013 and the rules made thereunder in respect of the subject matter of this form and matters incidental thereto have been compiled with. I further declare that:

- 1. Whatever is stated in this form and in the attachments thereto is true, correct and complete and no information material to the subject matter of this form has been suppressed or concealed and is as per the original records maintained by the company.
- 2. All the required attachments have been completely and legibly attached to this form.

Note: Attention is also drawn to the provisions of Section 447, section 448 and 449 of the Companies Act, 2013 which provide for punishment for fraud, punishment for false statement and punishment for false evidence respectively

To be digitally signed by

Director

DIN of the Director

To be digitally signed by

O Company Secretary

O Company Secretary in practice

Membership Number

Certificate of Practice Number

#### LIST SHAREHOLDERS AS ON 31ST MARCH 2023

SI. No	Name	Father's/Husband Name	Folio Number	Number of Shares Held	Amount Per Share (Rs.)
1.	Dr. Janhavi Nilekani	W/O Shray Chandra	1	69,867	1,000
2.	Ms. Anushree Jagadish Kini	W/o. Pavandeep Singh	3	133	1,000
			Total	70,000	