## FORM NO. MGT – 7

(Pursuant to sub-section (1) of Section 92 of the Companies Act, 2013 and sub-rule (1) of rule 11 of the Companies (Management and Administration) Rules, 2014

# ANNUAL RETURN

I.	REGISTRATION AND OTHER DETAILS:						
(i)	Corporate Identification Number (0	CIN) of the Company	U851	10KA2021PTC143831			
	Global Location Number (GLN) of the	he Company					
	Permanent Account Number (PAN)	of the Company	AAUCA7399F				
(ii)	(a) Name of the Company			TARURMIKA HEALTH CARE PRIVATE			
	(b) Registered Office Address			/J, Ground Floor, 10th Cross, Main, 3rd Block, Koramangala GALORE			
	(c) e – mail ID of the Company		info@	Paastrika.com			
	(d) Telephone Number with STD Co	ode	9845	514654			
	(e)Website		www.aastrika.org				
(iii)	Date of incorporation		05/02/2021				
(iv)	Type of Company						
	Type of Company	Category of the Compan	ıy	Sub-Category of the Company			
	Private Company	Company limited by shar	res	Indian Non-Government Company			
(v)	Whether Company is having share	capital	<b>O</b> Y	es O No			
(vi)	Whether shares listed on recognize	ed stock exchange(s)	O Y	es <b>O</b> No			
(vii)	Financial Year From date 01/04/2	024 (DD/MM/YYYY) <sup>-</sup>	To date	31/03/2025			
(viii)	Whether Annual General Meeting	(AGM) held	Yes	○ No			
	(a) If Yes, date of AGM						
	(b) Due date of AGM						
	(c) Whether any extension for AG	M Granted	Yes	O No			
	(d) If yes, the Service Request Nur	mber (SRN) of the applica	tion for	m filed of extension			
	(e) Extended due date of AGM aft	er grant of extension					

II.	PRINCIPAL	BUSINESS.	ACTIVITIES OF	THE COMPANY
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Number of business activities: 1

SI	Main Activity	Description of Main	Business	Description of business activity	% of turnover of the
No.	group code	Activity group	activity code	Description of business activity	Company
1.	Q	Hospital and Medical care	Q1	Hospital Activities	100

# III. PARTICULARS OF HOLDING, SUBSIDIARY AND ASSOCIATE COMPANIES (INCLUDING JOINT VENTURES)

No. of Companies for which information is to be given: 0

S. No	Name of the Company	CIN/FCRN	Holding/ Subsidiary/ Associate / Joint Venture	% of shares held
1				

# IV. SHARE CAPITAL, DEBENTURES AND OTHER SECURITIES OF THE COMPANY

## i) SHARE CAPITAL

# (a) Equity share capital

Particulars	Authorized Share Capital	Issued Capital	Subscribed Capital	Paid up Capital
<b>Total number of Equity Shares</b>	70,000	70,000	70,000	70,000
Total amount of Equity Shares (in Rupees)	7,00,00,000	7,00,00,000	7,00,00,000	7,00,00,000

### Number of classes: 1

Class of Shares: Equity Shares	Authorized Share Capital	Issued Capital		Paid up Capital
Number of Equity shares	70,000	70,000	70,000	70,000
Nominal Value per share (in rupees)	1,000	1,000	1,000	1,000
Total Amount of equity shares (in rupees)	7,00,00,000	7,00,00,000	7,00,00,000	7,00,00,000

# (b) Preference Share capital

Particulars	Authorized Share Capital	Issued Canital		Paid up Capital
Total number of Preference Shares	0	0	0	0
Total amount of Preference Shares (in Rupees)	0	0	0	0

### Number of classes: 0

Class of Shares:	Authorized Share Capital	Issued Capital	Subscribed Capital	Paid up Capital
Number of preference shares				
Nominal Value per share (in rupees)				
Total Amount of Preference Share (in rupees)				

(c) Unclassified share capital

Particulars	Authorised capital
Total Amount of unclassified shares	0

(d) Break - up of paid-up share capital:

Class of Shares	N	lo. of share	es	Total nominal	Total Paid-up	Total	
	Physical	DEMAT	Total	amount	amount	Premium	
Equity Shares: -							
At the beginning of the year	70,000	0	70,000	7,00,00,000	7,00,00,000	0	
Increase during the year	0	0	0	0	0	0	
i. Public Issue	0	0	0	0	0	0	
ii. Rights issue	0	0	0	0	0	0	
iii. Bonus issue	0	0	0	0	0	0	
iv. Private Placement / Preferential Allotment	0	0	0	0	0	0	
v. ESOPs	0	0	0	0	0	0	
vi. Sweat Equity shares allotted	0	0	0	0	0	0	
vii. Conversion of Preference shares	0	0	0	0	0	0	
viii. Conversion of Debentures	0	0	0	0	0	0	
ix. GDR / ADR	0	0	0	0	0	0	
x. Others, please specify:	0	0	0	0	0	0	
Decrease during the year	0	0	0	0	0	0	
i. Buy-back of shares	0	0	0	0	0	0	
ii. Shares forfeited	0	0	0	0	0	0	
iii. Reduction of share capital	0	0	0	0	0	0	
v. Others, please specify:	0	0	0	0	0	0	
At the end of the year	70,000	0	70,000	7,00,00,000	7,00,00,000	0	
D ( )							
Preference shares	0	0	0	0		0	
At the beginning of the year Increase during the year	0 <b>0</b>	0 <b>0</b>	0 <b>0</b>	<b>0</b>	0 <b>0</b>	0 <b>0</b>	
i. Issue of shares	0	0	0	0	0	0	
ii. Re-issue of forfeited	U	U	U	U	U	0	
shares	0	0	0	0	0	0	
iii. Other, specify:	0	0	0	0	0	0	
Decrease during the year		_	_	_		_	
i. Redemption of shares	0	0	0	0	0	0	
ii. Shares forfeited	0	0	0	0	0	0	
iii. Reduction of share capital	0	0	0	0	0	0	
iv. Others, specify:	0	0	0	0	0	0	
At the end of the year	0	0	0	0	0	0	

SIN of the Equity Shares of the Company:	INE1FT60101
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(ii) Details of stock split / consolidation during the year (for each class of shares):-

Class of shares		(i)	(ii)	(iii)
Before split /	Number of shares			
consolidation	Face value per share			

After split /	Number of s	hares				
consolidation	Face value p					
ii) Details of share return at any ti			losure date of last ne Company)	financial year	(or in the case	e of the first
X						
Separate sho Note: In ca	eet attached for	details of trans fer exceeds 10	, option for subr		separate shee	t attachment or
Date of the p	previous annual	general meeting	g:			
Date of regis	tration of transf	er (Date Month	Year):			
Type of trans	sfer:					
(1-Equity, 2-	Preference shar	es, 3 – Debentu	res, 4 – Stock)			
Number of s	shares/ debentu	res/units transf	erred:			
Amount per	share/debentur	e/ unit (in Rs.):[				]
Ledger Folio	of Transferor:					
Transferor	's Name	- Middle name	First	t name		
Ledger folio	of transferee:					
Transferee	's Name					
Transferee	3 Ivallie	Surname	Middl	e name	First n	ame
Date of regis	tration of transf	er (Date Month	Year):			
Type of trans	sfer:					
(1-Equity, 2-	Preference shar	es, 3 – Debentu	res, 4 – Stock)			
Number of s	shares/ debentu	res/units transf	erred:			
Amount per	share/debentur	e/ unit (in Rs.):				]
Ledger Folio	of Transferor:					

Transferor's Name			
	Surname	Middle name	First name
Ledger folio of transfe	ree:		
Transferee's Name			
	Surname	Middle name	First name

# iv) Debentures (Outstanding as at the end of financial year)

Particulars	Number of units	Nominal value per Unit	Total value
Non-convertible debentures	0	0	0
Partly convertible debentures	0	0	0
Fully convertible debentures	0	0	0
	·	Total	0

## **Details of debentures:**

Class of debentures	Outstanding as at the beginning of the year	Increase during the year	Decrease during the year	Outstanding as at the end of the year
Non-Convertible Debentures	0	0	0	0
<b>Partly Convertible Debentures</b>	0	0	0	0
Fully Convertible Debentures	0	0	0	0

# v) Securities (other than shares and debentures): 0

Type of securities	Number of securities	Nominal value of each unit	Total Nominal Value	Paid up value of each unit	Total paid up value
Total					

# V. Turnover and net worth of the company (as defined in the Companies Act, 2013)

(i) Turnover: Rs. 3,71,38,216

(ii) Net worth of the Company: Rs. (11,82,39,390)

# VI. (a) SHARE HOLDING PATTERN (Promoters)

SI		Equ	uity	Preference	
No.	Category	Number of shares	Percentage	Number of shares	Percentage
1.	Individual/ Hindu Undivided Family				
	i) Indian	69,867	99.81	0	0
	ii) Non – resident Indian (NRI)	0	0	0	0
	iii) Foreign national (other than NRI)	0	0	0	0
2.	Government				
	i) Central Government	0	0	0	0
	ii) State Government	0	0	0	0

	Total	69,867	99.81	0	0
10	Others	0	0	0	0
9	Body Corporate (not mentioned above)	0	0	0	0
8	Venture Capital	0	0	0	0
7	Mutual Funds	0	0	0	0
6	Foreign Institutional Investors	0	0	0	0
5	Financial Institutions	0	0	0	0
4	Banks	0	0	0	0
3	Insurance Companies	0	0	0	0
	iii) Government Companies	0	0	0	0

Total Number of shareholders (promoters): 1

# (b) SHARE HOLDING PATTERN – Public/ Other than promoters

SI		Equ	uity	Preference	
No.	Category	Number of shares	Percentage	Number of shares	Percentage
1.	Individual/ Hindu Undivided Family				
	i) Indian	133	0.19	0	0
	ii) Non – resident Indian (NRI)	0	0	0	0
	iii) Foreign national (other than NRI)	0	0	0	0
2.	Government				
	i) Central Government	0	0	0	0
	ii) State Government	0	0	0	0
	iii) Government Companies	0	0	0	0
3	Insurance Companies	0	0	0	0
4	Banks	0	0	0	0
5	Financial Institutions	0	0	0	0
6	Foreign Institutional Investors	0	0	0	0
7	Mutual Funds	0	0	0	0
8	Venture Capital	0	0	0	0
9	Body Corporate (not mentioned above)	0	0	0	0
10	Others:	0	0	0	0
	Total	133	0.19	0	0

Total number of shareholders (Other than promoters):	
Total number of shareholders (Promoters + Public/Other than promoters):	2

# VII. NUMBER OF PROMOTERS, MEMBERS, DEBENTURE HOLDERS

(Details, Promoters, Members (Other than promoters), Debenture Holders)

Details	At the beginning of the year	At the end of the year
Promoters	1	1
Members (Other than Promoters)	1	1
Debenture Holders	0	0

#### VIII. DETAILS OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

## (A) Composition of Board of Directors

	Category		Directors at g of the year	Number of Directors at the end of the year		Percentage of shares held by Directors as at the end of the year	
		Executive	Non- Executive	Executive	Non- Executive	Executive	Non-Executive
A.	Promoter	1	0	1	0	99.81	0
В.	Non – Promoter	0	4	0	4	0	0.19
(i)	Non-Independent	0	4	0	4	0	0.19
(ii)	Independent	0	0	0	0	0	0
C.	Nominee						
	Directors	0	0	0	0	0	0
	Representing						
(i)	Banks & Fl's	0	0	0	0	0	0
(ii)	Investing institutions	0	0	0	0	0	0
(iii)	Government	0	0	0	0	0	0
(iv)	Small Shareholders	0	0	0	0	0	0
(v)	Others	0	0	0	0	0	0
	Total	1	4	1	4	99.81	0.19

Number of Directors and Key Managerial personnel (who is not a Director) as on financial year end date: 5

## (B) (i) Details of Directors and Key managerial personnel as on the closure of financial year

Name	DIN/PAN	Designation	Number of shares held	Date of cessation (after closure of financial year: if any)
JANHAVI NILEKANI	00281663	Director	69,867	-
ANUSHREE JAGADISH KINI	09343856	Director	133	-
VISVESWARA GUPTA	09141063	Director	0	-
SRINIVAS SESHADRI	01661828	Director	0	-
NIRMALA	09800660	Director	0	-

## (ii) Particulars of change in Directors and Key Managerial personnel during the year: 0

Name	DIN/PAN	Designation at the beginning / during the financial year	Date of appointment / Change in designation/ Cessation	Nature of change (Appointment/Change in Designation / Cessation)

## IX. MEETINGS OF MEMBERS/CLASS OF MEMBERS/BOARD/COMMITTEES OF THE BOARD OF DIRECTORS

## A. MEMBERS/CLASS / REQUISITIONED / NCLT/COURT CONVENED MEETING:

Number of meetings held:

		Total Number of	Attend	lance
Type of meeting	Date of meeting	Members entitled to attend meeting	Number of members attended	% of total shareholding
ANNUAL GENERAL MEETING	24/07/2024	2	2	100

EXTRAORDINARY GENERAL	11/03/2025	า	2	100
MEETING		2	2	

#### B. BOARD MEETINGS:

Number of Meetings held: 4

		Total No. of Directors on the		ance
S. No.	Date of meeting	Total No. of Directors on the Date of Meeting	No. of Directors attended	% of Attendance
1.	09/05/2024	5	5	100
2.	24/07/2024	5	5	100
3.	19/11/2024	5	5	100
4.	11/03/2025	5	5	100

## C. COMMITTEE MEETINGS:

Number of Committee meetings held: 0

	Type of	Data of	Total No. of Mambaus as an	Attend	lance
S. No.	Type of Meeting	Date of meeting	Total No. of Members as on the Date of Meeting	No. of Members attended	% of Attendance
1					

# D. ATTENDANCE OF DIRECTORS

υ.		ATTENDANCE OF DIRECTO	אכ						
			Воа	rd of Meetin	gs	Committee the Committ of which a I			
	SI. No.	Name of the Director	No of Meeting which the director was entitled to attend	Number of meetings attended	% of attenda nce	No of Meeting which the director was entitled to attend	Number of meetings attended	% of attendan ce	Whether attended AGM held on (Y/N/NA)
	1.	JANHAVI NILEKANI	4	4	100	0	0	0	
	2.	ANUSHREE JAGADISH KINI	4	4	100	0	0	0	
	3.	VISVESWARA GUPTA	4	4	100	0	0	0	
	4.	SRINIVAS SESHADRI	4	4	100	0	0	0	
	5.	NIRMALA	4	4	100	0	0	0	·

# REMUNERATION OF DIRECTORS AND KEY MANAGERIAL PERSONNEL- $\boxed{\textbf{X}}$ Nil

Number of Managing Director, Whole-Time Director and/or Manager whose remuneration details to be entered:

S. No.	Name	Designation	Gross Salary	Stock Option/ Sweat Equity	Total Amount
1.					
	Total				

Number of CEO, CFO, and Company Secretary whose remuneration details to be entered:

S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat Equity	Others	Total Amount
1.							

li con li	Total	ataua valenas	auatian data'		4. 0		
iumb 6. No.	er of other Dire	Designation	Gross Salary	Commission	Stock Option/ Sweat Equity	Others	Total Amount
1.	Total						
	Total						
	MATTERS RELA	TED TO CERTIFICA	TION OF COMP	LIANCES AND	DISCLOSURE		
A.		company has mad	•		es in respect	of applicabl	e provisions of the
В.	If No, Give re	asons / observation	าร				
•	PENALTIES ANI	D PUNISHMENT DE	TAILS THEREOF	::			
(A	) DETAILS OF F	PENALTIES / PUNISH	IMENT IMPOSE	D ON COMPAN	NY / DIRECTOR	S / OFFICER	S:
	X NIL						
Compa	ame of the any/Directors/ Officers	Name of the court/concerned Authority	Date of ord	Name of Act and seer under we penalize punish	ection Definition per puni	tails of nalty / shment	Details of appeal (if any) including present status
(B	) DETAILS OF C	COMPOUNDING OF	OFFENCES: X	NIL			
	ame of the any/Directors/ Officers	Name of the court/concerned Authority	Date of orde	Name of t Act and sec r under whi penalized punished	tion ch /	culars of fence	Amount of compounding (in Rupees)
l.	Whether comp  Yes	lete list of sharehol	ders, debentur	e holders has b	oeen enclosed	as an attach	nment:
II.	COMPLIANCE (	OF SUB-SECTION(2)	OF SECTION 92	2, IN CASE OF I	LISTED COMPA	ANIES	
	ore rupees or m			•		-	nore or turnover of nual return in Form
ame:							
			-				
hethe	er Fellow or Ass	ociate:	<ul><li>Associa</li></ul>	ite 🔘 Fellow			

Certificate of practice number:

#### We certify that:

- (a) The return states the facts, as they stood on the date of the closure of the financial year aforesaid correctly and adequately.
- **(b)** Unless otherwise expressly stated to the contrary elsewhere in this Return, the Company has complied with all the provisions of the Act during the financial year.
- (c) The company has not, since the date of the closure of the last financial year with reference to which the last return was submitted or in the case of a first return since the date of the incorporation of the company, issued any invitation to the public to subscribe for any securities of the company.
- (d) Where the annual return discloses the fact that the number of members, (except in case of a one person company), of the company exceeds two hundred, the excess consists wholly of persons who under second proviso to clause (ii) of sub-section (68) of section 2 of the Act are not to be included in reckoning the number of two hundred XIV.

#### **Declaration**

I am authorized by the Board of Directors of the Company vide resolution No.		dated	
(DD/MM/YYYY) to sign this form and declare that all the requirements of the	e Companies	Act, 201	3 and the rules

made thereunder in respect of the subject matter of this form and matters incidental thereto have been compiled with. I further declare that:

- 1. Whatever is stated in this form and in the attachments thereto is true, correct and complete and no information material to the subject matter of this form has been suppressed or concealed and is as per the original records maintained by the company.
- 2. All the required attachments have been completely and legibly attached to this form.

Note: Attention is also drawn to the provisions of Section 447, section 448 and 449 of the Companies Act, 2013 which provide for punishment for fraud, punishment for false statement and punishment for false evidence respectively

To be digitally signed by	
Director	
DIN of the Director	
To be digitally signed by	
O Company Secretary	
O Company Secretary in practice	
Membership Number	Certificate of Practice Number

# **LIST OF SHAREHOLDERS AS ON 31ST MARCH, 2025**

SI. No.	Name	Father's Name/Spouse's Name	Folio Number	Number of Shares Held	Amount Per Share
1.	Dr. Janhavi Nilekani	W/o Shray Chandra	01	69,867	1,000
2.	Ms. Anushree Jagadish Kini	W/o. Pavandeep Singh	03	133	1,000

• Address not disclosed due to confidentiality purposes